

S.T.A.M.P.



Stay away

Play with friends away from the bully. If the bully follows you, go and play near to the teacher on playground duty.

Tell someone



Reporting a bully is not being a 'dobber'. Even if the bully has only bullied you once or twice, they may be bullying other children as well. So by you telling the teach, the teacher will then know how serious the situation is.

Always help

If you see someone being bullied ask them if they would like to play with you and your friends.



Make friends



Include children who are easily left out. It's not just good for the person you befriend but good for you too. You get another friend.

Play nicely

Make sure that you are not a bully.

