



## PENCIL GRIP

Correct pencil grip (or the way a child holds a pencil or pen) allows for neat handwriting, decreases the chance of hand fatigue and jerky movements, and increases writing speed. Have a look at how your child holds a pencil and assess it against the grid below.



<b>CORRECT WAY</b>	✓	X
☺ Wrist bent back slightly with knuckles higher than wrist.		
☺ Open space at base of thumb and pointer finger (web space)		
☺ Right handers should hold the pencil 1-2cm from tip ☺ Left handers should hold the pencil 3-4cm from the tip		
☺ Thumb and pointer finger pinch the pencil letting it rest on the middle finger		
☺ Have pencil end pointing toward body, with pencil lying down in web space		



# THE N.S.W. FOUNDATION STYLE

u y v w a d g q c e o  
f j s n r m h k b p l t i x z

U C G O Q J S  
B P R D I L E F H T  
A V W M N K Y X Z

0 1 2 3 4 5 6 7 8 9